

Life style

- 1 **Truffle oil deepens tone**
Une Rose Edouard Flechier, £120/50ml. Frederic Malle. www.lessenteurs.com
- 2 **Oakmoss, rose and pepper** Perles de Lalique, £43/50ml. Lalique. www.harrods.com
- 3 **Sensual and rosy**
Aoud perfume, £495/100ml. Roja. Tel: 020 7893 8797.
- 4 **Green leaf, lotus and rose blend**
- 5 **Fruity, plum laden rose**
Release Me eau de toilette £25/50ml. Red or Dead. www.houseoffraser.co.uk
- 6 **Light, fresh petals notes**
Red Roses bath oil, £52. Jo Malone. www.jomalone.com
- 7 **Manly rose mix**
Aramis 900, £55/100ml. Aramis. Tel: 0870 034 2566.
- 8 **Infusion of jasmine and rose**
Joy eau de toilette, £42.10/30ml. Jean Patou. www.feelunique.com
- 9 **Deep and musky floral aroma**
Josephine's Rose Candle. From £20. Jonathan Ward London. www.jonathanwardlondon.com
- 10 **Fresh citrus with light rose**
Betrothal perfume, £165/50ml. Grossmith. Tel: 020 7893 8797.

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TOKEN COLLECT. TERMS APPLY. SEE SATURDAY'S PAPER



Roses are

by JANE CUNNINGHAM
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WHILE the history of Valentine's Day is hotly debated, there's no question that roses have come to symbolise love and romance. The Victorians began this tradition through floriography, or the language of flowers, as a means to communicate feelings that could not be spoken. Red roses indicate passion and romantic love, while yellow roses signify friendship and devotion.

Perfume and skincare formulations have keyed into this tradition and the very whiff of a fragrant petal can set the scene for the most romantic of days.

Dating coach and behavioural psychologist Jo Hemmings says: 'We associate the distinctive smell of roses with cele-

brations such as Valentine's Day, so our emotional perception is already tuned into this and enhances our sensory receptors to perceive rose as the ultimate romantic scent.'

With more than 100 varieties of rose, the permutations for passion are endless. It is clever blending that moves rose notes away from Barbara Cartland country, whether that is in oils, perfumes or scented candles.

'Rose is one of the most costly materials, so many commercial scents contain enormous swathes of synthetic rose, which smells cloying and sickly and gives the rose a very bad name,' says perfumer and fragrance expert Roja Dove.

It takes approximately 308,000 roses, picked before the sun gains strength and diminishes the oil, to produce just one kilo of pure rose oil in an incredibly labour-intensive process, which accounts for the cost of highly prized rose oil. The most expensive rose of all is Rose de Mai, from Grasse in France, costing £32,000 per kilo.

'Rose has many nuances; lemon-like, spicy, floral, sweet or animalic and different fragrances push forward certain aspects to create non-obvious rose perfumes,' says Dove.

'If you prefer a fresher scent, look for rose combined with citrus and green notes or, if you want a very sensual rose, opt for a fragrance that contains notes of jasmine, gardenia or orange blossom.

'Rose and spices, such as black pepper, are very enticing together and are less sweet in combination but the ultimate sexy combination is rose and musk together.'

WEAR IT WELL

There are more ways than just a dab behind the ears to wear your fragrance

- Spritz the hem of your skirt with perfume; as you walk, you kick the fragrance molecules into the air.
- Douse a strip of ribbon with your favourite fragrance and, once dried, keep it in your handbag. Every time you open your bag, you'll get a beautiful waft of scent.
- Spray a mist of perfume high into the air and walk through to get a gentle hint of perfume over your hair and body.



heaven scent

THE BEAUTIFUL LIFE

The coveted

Stella McCartney's newest fragrance plays on the nickname her father used for her mother: Linda I Love You. Lily of the valley, moss and truffle make for a fresh floral scent that is simply romantic.

L.I.L.Y eau de parfum, £44/30ml. www.selfridges.com

The cosseted

The Sweetheart Package at The Malvern Spa, from £225 (per couple). Indulge in a full-body massage in the double spa room and a leisurely swim in the heated outdoor pool surrounded by the beautiful Worcestershire countryside.

Contact: 01684 898290.



The caressed

Containing bubble bath, body lotion and a lip shine, the fragrance is a not-too-sweet candy concoction, perfect for a pre-dinner primping session. Philosophy Sweet Talk Set, £22. www.selfridges.com

GET YOUR KISS FIX

Dove skincare expert Toni Cirillo-Moretton offers tips for the most kissable Valentine's lips

- Before you go to bed, gently exfoliate your lips with a soft toothbrush to brush away any flakes or loose skin.
- Apply eye cream around the lip area to ensure any lines or creases are fully hydrated and less obvious.
- Smooth lip balm over your lips and massage, massage, massage to boost circulation to help plump them up.
- The following morning, gently buff your lips with a clean, dry flannel to give a smooth look and add a thin layer of balm with more massaging movements.

Hydrating balms and lipsticks are a must for those dewy, kissable lips.



Cherry Kiss lip balm (pictured left), £4.90. Rose & Co. www.beautynaturals.com

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Lip balm set, £28.50. Kiehls. www.selfridges.com

Chubby Stick moisturising lip colour balm (right), £16. Clinique. www.clinique.co.uk

A Great Kisser lip balm (pictured above), £5. Soap & Glory. www.boots.com

Garden Party Serum De Rouge (right), £25. Dior. www.selfridges.com

Rosehip oil lip balm, £10.50. Trilogy. www.boots.com

Volupté Sheer Candy lipstick, £23.50. YSL. www.debenhams.com

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